# 6.9 Strain Energy in Plates

# 6.9.1 Strain Energy due to Plate Bending and Torsion

Here, the elastic strain energy due to plate bending and twisting is considered.

Consider a plate element bending in the *x* direction, Fig. 6.9.1. The radius of curvature is  $R = \partial^2 w / \partial x^2$ . The strain energy due to bending through an angle  $\Delta \theta$  by a moment  $M_x \Delta y$  is

$$\Delta U = \frac{1}{2} \left( M_x \Delta y \right) \frac{\partial^2 w}{\partial x^2} \Delta x \tag{6.9.1}$$

Considering also contributions from  $M_y$  and  $M_{xy}$ , one has



Figure 6.9.1: a bending plate element

Using the moment-curvature relations, one has

$$\Delta U = \frac{D}{2} \left[ \left( \frac{\partial^2 w}{\partial x^2} \right)^2 + 2\nu \frac{\partial^2 w}{\partial x^2} \frac{\partial^2 w}{\partial y^2} + 2\left( 1 - \nu \left( \frac{\partial^2 w}{\partial x \partial y} \right)^2 + \left( \frac{\partial^2 w}{\partial y^2} \right)^2 \right] \Delta x \Delta y$$
  
$$= \frac{D}{2} \left[ \left( \frac{\partial^2 w}{\partial x^2} + \frac{\partial^2 w}{\partial y^2} \right)^2 - 2\left( 1 - \nu \left( \frac{\partial^2 w}{\partial x^2} \frac{\partial^2 w}{\partial y^2} - \left( \frac{\partial^2 w}{\partial x \partial y} \right)^2 \right) \right] \Delta x \Delta y$$
(6.9.3)

This can now be integrated over the complete plate surface to obtain the total elastic strain energy.

#### 6.9.2 The Principle of Minimum Potential Energy

Plate problems can be solved using the principle of minimum potential energy (see Book I, §8.6). Let  $V = -W_{ext}$  be the potential energy of the loads, equivalent to the negative of the work done by those loads, and so the potential energy of the system is  $\Pi(w) = U(w) + V(w)$ . The solution is then the deflection which minimizes  $\Pi(w)$ .

When the load is a uniform lateral pressure q, one has

$$\Delta V = -\Delta W_{ext} = +q \, w(x, y) \Delta x \Delta x \tag{6.9.4}$$

and

$$\Delta \Pi = \left\{ \frac{D}{2} \left[ \left( \frac{\partial^2 w}{\partial x^2} + \frac{\partial^2 w}{\partial y^2} \right)^2 - 2\left(1 - \nu \right) \left( \frac{\partial^2 w}{\partial x^2} \frac{\partial^2 w}{\partial y^2} - \left( \frac{\partial^2 w}{\partial x \partial y} \right)^2 \right) \right] + qw \right\} \Delta x \Delta y \qquad (6.9.5)$$

As an example, consider again the simply supported rectangular plate subjected to a uniform load q. Use the same trial function 6.5.38 which satisfies the boundary conditions:

$$w(x, y) = \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} A_{mn} \sin \frac{m\pi x}{a} \sin \frac{n\pi y}{b}$$
(6.9.6)

Substituting into 6.9.5 and integrating over the plate gives

$$\Pi = \int_{0}^{b} \int_{0}^{a} \left\{ \frac{D}{2} \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} A_{mn}^{2} \left[ \pi^{4} \left( \frac{m^{2}}{a^{2}} + \frac{n^{2}}{b^{2}} \right)^{2} \sin^{2} \frac{m\pi x}{a} \sin^{2} \frac{n\pi y}{b} - 2\left(1 - \nu \right) \left( \frac{m^{2} n^{2} \pi^{4}}{a^{2} b^{2}} \left( \sin^{2} \frac{m\pi x}{a} \sin^{2} \frac{n\pi y}{b} - \cos^{2} \frac{m\pi x}{a} \cos^{2} \frac{n\pi y}{b} \right) \right) \right]$$
(6.9.7)  
$$+ q \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} A_{mn} \sin \frac{m\pi x}{a} \sin \frac{n\pi y}{b} dx dy$$

Carrying out the integration leads to

$$\Pi = \frac{D}{2} \sum_{m=1}^{\infty} \sum_{n=1}^{\infty} A_{mn}^{2} \left[ \pi^{4} \left( \frac{m^{2}}{a^{2}} + \frac{n^{2}}{b^{2}} \right)^{2} \times \frac{1}{4} ab \right] + q \sum_{m=1,3,5}^{\infty} \sum_{n=1,3,5}^{\infty} A_{mn} \times \frac{4ab}{mn\pi^{2}}$$
(6.9.8)

To minimize the total potential energy, one sets

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$$\frac{\partial \Pi}{\partial A_{mn}} = DA_{mn} \frac{ab\pi^4}{4} \left(\frac{m^2}{a^2} + \frac{n^2}{b^2}\right)^2 + q\frac{4ab}{mn\pi^2} = 0$$
  

$$\rightarrow A_{mn} = -\frac{16q}{\pi^6 Dmn} \left(\frac{m^2}{a^2} + \frac{n^2}{b^2}\right)^{-2}$$
(6.9.9)

which is the same result as 6.5.50.

# 6.9.3 Strain Energy in Polar Coordinates

For circular plates, one can transform the strain energy expression 6.9.3 into polar coordinates, giving  $\{ \blacktriangle \text{Problem 1} \}$ 

$$\Delta U = \frac{D}{2} \left\{ \left( \frac{\partial^2 w}{\partial r^2} + \frac{1}{r} \frac{\partial w}{\partial r} + \frac{1}{r^2} \frac{\partial^2 w}{\partial \theta^2} \right)^2 - 2(1 - \nu) \times \left[ \frac{\partial^2 w}{\partial r^2} \left( \frac{1}{r} \frac{\partial w}{\partial r} + \frac{1}{r^2} \frac{\partial^2 w}{\partial \theta^2} \right) - \left( \frac{1}{r^2} \frac{\partial w}{\partial \theta} - \frac{1}{r} \frac{\partial^2 w}{\partial r \partial \theta} \right)^2 \right] \right\} \Delta x \Delta y$$
(6.9.10)

For an axisymmetric problem, the strain energy is

$$\Delta U = \frac{D}{2} \left[ \left( \frac{\partial^2 w}{\partial r^2} + \frac{1}{r} \frac{\partial w}{\partial r} \right)^2 - 2(1 - v) \frac{\partial^2 w}{\partial r^2} \left( \frac{1}{r} \frac{\partial w}{\partial r} \right) \right] \Delta x \Delta y$$
(6.9.11)

### 6.9.4 Vibration of Plates

For vibrating plates, one needs to include the kinetic energy of the plate. The kinetic energy of a plate element of dimensions  $\Delta x$ ,  $\Delta y$  and moving with velocity  $\partial \omega / \partial t$  is

$$\Delta K = \frac{1}{2} \rho h \left(\frac{\partial w}{\partial t}\right)^2 \Delta x \Delta y \tag{6.9.12}$$

According to Hamilton's principle, then, the quantity to be minimized is now U(w)+V(w)-K(w).

Consider again the problem of a circular plate undergoing axisymmetric vibrations. The potential energy function is

$$D\pi \int_{0}^{a} \left[ \left( \frac{\partial^{2} w}{\partial r^{2}} + \frac{1}{r} \frac{\partial w}{\partial r} \right)^{2} - 2(1-v) \frac{\partial^{2} w}{\partial r^{2}} \left( \frac{1}{r} \frac{\partial w}{\partial r} \right) \right] r dr - \pi \rho h \int_{0}^{a} \left( \frac{\partial w}{\partial t} \right)^{2} r dr \qquad (6.9.13)$$

Assume a solution of the form

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$$w(r,t) = W(r)\cos(\omega t + \phi)$$
(6.9.14)

Substituting this into 6.9.13 leads to

$$D\pi \int_{0}^{a} \left[ \left( \frac{d^{2}W}{dr^{2}} + \frac{1}{r} \frac{dW}{dr} \right)^{2} - 2(1-v) \frac{d^{2}W}{dr^{2}} \left( \frac{1}{r} \frac{dW}{dr} \right) \right] r dr - \pi \rho h \omega \int_{0}^{a} W^{2} r dr \qquad (6.9.15)$$

Examining the clamped plate, assume a solution, an assumption based on the known static solution 6.6.20, of the form

$$W(r) = A\left(a^2 - r^2\right)^2$$
(6.9.16)

Substituting this into 6.9.15 leads to

$$32D\pi A^{2}\int_{0}^{a} \left[ 2\left(a^{4}-4a^{2}r^{2}+4r^{4}\right)-(1-\nu)\left(a^{4}-4a^{2}r^{2}+3r^{4}\right)\right] r dr$$

$$-\pi\rho\omega h A^{2}\int_{0}^{a} r\left(a^{2}-r^{2}\right)^{4} dr$$
(6.9.17)

Evaluating the integrals leads to

$$\pi A^2 \left(\frac{32}{3} Da^6 - \frac{1}{10} \rho h \omega a^{10}\right) \tag{6.9.18}$$

Minimising this function, setting  $\partial / \partial A \{ \} = 0$ , then gives

$$\omega = \alpha \frac{1}{a^2} \sqrt{\frac{D}{\rho h}}, \qquad \alpha = \sqrt{\frac{320}{3}} \approx 10.328 \tag{6.9.19}$$

This simple one-term solution is very close to the exact result given in Table 6.8.1, 10.2158. The result 6.9.19 is of course greater than the actual frequency.

#### 6.9.5 Problems

1. Derive the strain energy expression in polar coordinates, Eqn. 6.9.10.